



# JANUARY 2022 EVENT & PROGRAM CALENDAR

Auburn Senior Community Center | 48 Pettengill Park Road  
 Register online at [secure.rec1.com/ME/auburn-me/catalog](https://secure.rec1.com/ME/auburn-me/catalog)  
 or call the Auburn Rec Department at 333-6611 \*REV 1/5/22\*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
❖ = Age-Friendly Committee Event ■ = Auburn Recreation Program ⌘ = 1 <sup>st</sup> Auburn Senior Citizens Meeting φ = New Auburn Seniors Meeting ◆ = Robin Dow Meeting						1 ❖ = Age-Friendly Committee New Year's Event
2	3 ■ Drop In Day	4	5 ⌘ = 1 <sup>st</sup> Auburn Senior Citizens Meeting	6 ■ Adult Craft Night	7 ■ Drop In Day	8
9	10 ■ Drop In Day ■ Feature Friday / Brunch *snow date* ■ Yoga with Emma	11 ■ Hike ■ Home Activity Kits ❖ Age-Friendly Committee Meeting	12 ◆ = Robin Dow Meeting	13 ■ Chair Yoga ■ Adult Craft Night	14 ■ Drop In Day ■ Feature Friday/Tech Talk	15
16	17 HOLIDAY - No Recreation Programs	18 ■ Mr. Drew and His Animals, Too ❖ Age-Friendly Movie 1pm	19 ⌘ = 1 <sup>st</sup> Auburn Senior Citizens Meeting	20 ■ Chair Yoga ■ Adult Craft Night	21 ■ Drop In Day ■ Feature Friday / Card Crafting	22
23	24 ■ Drop In Day ■ Yoga with Emma	25 ■ Hike ■ Home Activity Kits	26 ◆ = Robin Dow Meeting	27 ■ Cracker Barrel / Market Basket Trip ■ Chair Yoga ■ Adult Craft Night	28 ■ Drop In Day ■ Feature Friday / Book Club	29
30	31 ■ Drop In Day ❖ Age-Friendly Hot Dogs & Beans 11am ⌘ = 1 <sup>st</sup> Auburn Bingo ■ Yoga with Emma					

Fitness

Stay active with Auburn Recreation!

- Pickleball – Hasty Community Center 8:30am-12pm \$2Res/\$3Non-Res (drop-in) Every Tuesday and Thursday
- Ingersoll Walking – Ingersoll Turf 9am-10am (drop-in) Every Tuesday and Thursday

Date	Time	Cost	Description
Saturday, January 1	10:00 AM – 1:30 PM	Free	<b>Age-Friendly New Year's Event.</b> Ball drop at noon. Finger Rolls. Call 333-6601 x2108 for details. <b>Pre-registration is helpful.</b>
Monday, January 3	9:00 AM – 2:00 PM	Free \$1 non-residents	<b>Drop in Day -</b> Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Wednesday, January 5	9:00 AM – 3:00 PM	<b>\$5.00 annual dues</b>	<b>1st Auburn Meeting/Bingo.</b> Doors open at 9:00 AM. Bingo is price per card, starts about noon.
Thursday, January 6	5:30 PM – 8:00 PM	Free \$10 non-residents	<b>Thursday Adult Craft Night -</b> Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 <b>Pre-registration required.</b>
Friday, January 7	10:00 AM – 1:00 PM	Free \$1 non-residents	<b>Drop in Day -</b> Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice!
Monday, January 10	9:00 AM – 2:00 PM	Free \$1 non-residents	<b>Drop in Day -</b> Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Monday, January 10	10:00 AM – 12:00 PM	Free	<b>Feature Friday:</b> Stop in for the session and stay for the drop in if you would like. We will be doing brunch with Jamie & Jody to go over the new calendar for 2022. <b>Pre-registration required.</b> <b>*SNOW DATE, MOVED TO MONDAY THE 10<sup>TH</sup>*</b>
Monday, January 10	6:00 PM – 7:00 PM	<b>\$10</b> \$12 non-residents	<b>Yoga with Emma -</b> Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, January 11	9:00 AM	<b>\$3</b> \$5 non-residents	<b>Hike – Lake Auburn Community Center, Auburn.</b> Explore our local hiking locations. Mini Bus Transportation \$3.00/resident; \$5.00 non-resident OR meet at location for free. <b>Pre-registration required. Minimum 6/Maximum 14.</b>
Tuesday, January 11	12:00 PM - 2:00 PM	Free	<b>Pillow Craft Activity Kits -</b> Free for Auburn residents ages 60 and over, these activity kits are fun for everyone and can be done from home, with a small group of friends, or grandkids! <b>Pre-registration required.</b>
Tuesday, January 11	5:30 PM – 6:30 PM	N/A	<b>Age-Friendly Community Committee Meeting</b>
Wednesday, January 12	11:00 AM	\$10 annual dues	<b>Robin Dow Seniors -</b> Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.

<b>Thursday, January 13</b>	1:30 PM – 2:30 PM	<b>\$30</b> \$35 non- residents	<b>Chair Yoga</b> - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. <b>Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session* \$12.00 non -resident</b> Thurs: \$45 residents, \$55 non-residents <b>January 6, 13, 20, &amp; 27</b>
<b>Thursday, January 13</b>	5:30 PM – 8:00 PM	<b>Free</b> \$10 non- residents	<b>Thursday Adult Craft Night</b> - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 <b>Pre-registration required.</b>
<b>Friday, January 14</b>	10:00 AM – 11:00 AM	<b>Free</b>	<b>Tech Talk Friday</b> – Have a technology question? A device you want to know more about? If so, this program is for you! Once a month, come chat with Donna, Adult Services Manager at the Auburn Public Library. <b>Pre-registration required.</b>
<b>Friday, January 14</b>	10:00 AM – 1:00 PM	<b>Free</b> \$1 non- residents	<b>Drop in Day</b> - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
<b>Tuesday, January 18</b>	10:00 AM – 12:00 PM	<b>Free – all ages</b>	<b>Mr. Drew and His Animals, Too-</b> Mr. Drew and His Animals Too is a natural science and animal rescue and rehabilitation center in Lewiston, ME that provides a hands-on approach to learning. Come see Mr. Drew and his animals in-person for this educational session. Open to seniors, their friends and families and especially grandkids as this is a teacher workshop day for many local schools. <b>Space is limited and pre-registration is required.</b>
<b>Tuesday, January 18</b>	1:00 PM – 3:00 PM	<b>Free – all ages</b>	<b>Age-Friendly Movie.</b> Pleasantly plump teenager Tracy Turnblad teaches 1962 Baltimore a thing or two about integration after landing a spot on a local TV dance show. Call 333-6601 x2108 for details. Rated PG <b>Pre-registration is helpful. Free popcorn!</b>
<b>Wednesday, January 19</b>	9:00 AM – 3:00 PM	<b>\$5.00 annual dues</b>	<b>1st Auburn Meeting/Bingo.</b> Doors open at 9:00 AM. Bingo is price per card, starts about noon.
<b>Thursday, January 20</b>	1:30 PM – 2:30 PM	<b>\$30</b> \$35 non- residents	<b>Chair Yoga</b> - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. <b>Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session* \$12.00 non -resident</b> Thurs: \$30 residents, \$35 non-residents <b>January 6, 13, 20, &amp; 27</b>
<b>Thursday, January 20</b>	5:30 PM – 8:00 PM	<b>Free</b> \$10 non- residents	<b>Thursday Adult Craft Night</b> - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 <b>Pre-registration required.</b>
<b>Friday, January 21</b>	10:00 AM – 11:00 AM	<b>Free</b>	<b>Feature Friday: Paper Crafting</b> – This week we will make Sympathy and Birthday cards. Stop in for the session and stay for the drop in if you would like.
<b>Friday, January 21</b>	10:00 AM – 1:00 PM	<b>Free</b> \$1 non- residents	<b>Drop in Day</b> - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
<b>Monday, January 24</b>	9:00 AM – 2:00 PM	<b>Free</b> \$1 non- residents	<b>Drop in Day</b> - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
<b>Monday, January 24</b>	6:00 PM – 7:00 PM	<b>\$10</b> \$12 non- residents	<b>Yoga with Emma</b> - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.

<b>Tuesday, January 25</b>	9:00 AM	<b>\$3</b> \$5 non-residents	<b>Hike – Mount Apatite, Auburn.</b> Explore our local hiking locations. Mini Bus Transportation \$3.00/resident; \$5.00 non-resident OR meet at location for free. <b>Pre-registration required. Minimum 6/Maximum 14.</b>
<b>Tuesday, January 25</b>	12:00 PM - 2:00 PM	<b>Free</b>	<b>Winter Boredom Activity Kits</b> - Free for Auburn residents ages 60 and over, these activity kits are fun for everyone and can be done from home, with a small group of friends, or grandkids! <b>Pre-registration required.</b>
<b>Wednesday, January 26</b>	11:00 AM	\$10 annual dues	<b>Robin Dow Seniors</b> - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.
<b>Thursday, January 27</b>	10:00 AM – 2/3:00 PM	\$6 <b>\$8 non-residents</b>	<b>Cracker Barrel and Market Basket Trip-</b> Who doesn't love breakfast all day? We will head to So Portland for a late breakfast/early lunch and a look around the shop at Cracker Barrel. Then we will head to Market Basket in Westbrook to do some grocery shopping. <b>Pre-registration required. Min: 6/Max: 14 Price includes transportation only</b>
<b>Thursday, January 27</b>	1:30 PM – 2:30 PM	<b>\$30</b> \$35 non-residents	<b>Chair Yoga</b> - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. <b>Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session* \$12.00 non-resident</b> Thurs: \$30 residents, \$35 non-residents <b>January 6, 13, 20, &amp; 27</b>
<b>Thursday, January 27</b>	5:30 PM – 8:00 PM	<b>Free</b> \$10 non-residents	<b>Thursday Adult Craft Night</b> - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 <b>Pre-registration required.</b>
<b>Friday, January 28</b>	10:00 AM – 11:00 AM	<b>Free</b>	<b>Seniors &amp; APL Connect: A Reading &amp; Discussion Group-</b> The ASCC, in partnership with the Auburn Public Library, is pleased to announce a reading and discussion book group. This group will meet monthly at the Auburn Senior Community Center, on the fourth Friday of each month, from 10:00-11:00 a.m. Our first meeting on January 28, will be organizational in nature, getting to know one another and discussing various genres in an effort to select our first book. Questions? Contact Jamie and Jody at the Auburn Senior Community Center or Donna at the Auburn Public Library -- 207-333-6640, ext. 4, or via email at <a href="mailto:dwallace@auburnpubliclibrary.org">dwallace@auburnpubliclibrary.org</a> . Dates: 1/28, 2/25, 3/25
<b>Friday, January 28</b>	10:00 AM – 1:00 PM	<b>Free</b> \$1 non-residents	<b>Drop in Day</b> - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
<b>Monday, January 31</b>	9:00 AM – 2:00 PM	<b>Free</b> \$1 non-residents	<b>Drop in Day</b> - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
<b>Monday, January 31</b>	11:00 AM –	<b>Free – all ages</b>	<b>Age-Friendly Hot Dogs &amp; Beans.</b> Join the Age Friendly Committee for Hot Dogs & Beans. Call 333-6601 x2108 for details. <b>Pre-registration is helpful.</b>
<b>Monday, January 31</b>	12:00 PM -	<b>Price Per Card</b>	<b>1st Auburn Meeting/Bingo.</b> Doors open at 9:00 AM. Bingo is price per card, starts about noon.
<b>Monday, January 31</b>	6:00 PM – 7:00 PM	<b>\$10</b> \$12 non-residents	<b>Yoga with Emma</b> - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.